

**Volunteer Center
of Cedar Valley**



**15 Years
Serving the
Cedar Valley!**

Volunteer Link

Mobilizing people and resources to solve community problems.

Flood Update 2010

On July 7 Black Hawk County saw a record setting rainfall causing major flash flooding throughout our communities. Shortly after the rain subsided, many organizations began receiving phone calls from individuals needing assistance cleaning up their properties. In response to the need, Community Organizations Active in Disasters (COAD), which is a group of community-based organizations who work together to provide assistance during disasters, began compiling a list of homeowners who had a need for volunteers.



The Volunteer Center of Cedar Valley, in partnership with COAD, made a call for national disaster recovery teams to come to Black Hawk County. NECHAMA Jewish Response to Disaster answered our call. NECHAMA (Hebrew for comfort) is the Jewish community's disaster response organization. Based in the Twin Cities of Minneapolis and St. Paul, NECHAMA has deployed thousands of volunteers to help communities clean-up after floods, tornados, and

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other natural disasters.

Locally, Black Hawk County had over 80 homes needing volunteers to provide assistance in clean-up and recovery efforts. NECHAMA has recruited volunteers to assist through AmeriCorp and have been working tirelessly to complete the list while hauling out boxes, appliances and furniture from households, tearing out drywall, paneling and carpet

and power washing and sanitizing walls and floors to prevent the growth and spread of mold.

If you are interested in assisting with the recovery efforts, please call the VCCV at (319) 272-2087 or contact Lauren Pellemounter

Lauren_Pellemounter@vccv.org.



Featured Board Member: Nick Hildebrandt

Nick graduated from Tripoli in 1997 and went on to attend ISU where he received a Bachelor of Architecture degree in 2002. Nick became a registered architect in Iowa in 2008 and recently was promoted to a Principal/ Partner at StruXture Architects. Nick currently handles educational, civic and commercial projects for the company in Waterloo.

As members of the

Heartland Vineyard Church, his family enjoys participating in service work projects and small group sessions. They are also members of the Bremer County Sno-Knights where they put together a fundraising golf tournament to fund scholarships in memory of his father. His family also enjoys traveling, boating, and lots of sports leagues that they are all active in.

Nick has been a VCCV board member since 2008 and currently holds the secretary position on the board. "This community is where my heart is and I love getting more and more involved to try and make this area even better."

Thanks for all you do Nick!



Hands On NETWORK



Funded Partner

Spotlight Agencies - Department of Human Services



Iowans working together... Doing what works. The

Mission of the Iowa Department of Human Services is to help individuals and families achieve safe, stable, self-sufficient, and healthy lives, thereby contributing to the economic growth of the state. This is done by keeping a customer focus, striving for excellence,

sound stewardship of state resources, maximizing the use of federal funding and leveraging opportunities and by working with our public and private partners to achieve results.

Department of Human Services needs volunteers to assist with filing, copying, answering phones, and other duties assigned. Opportunities exist Monday through Friday with flexible times

from 8:00 a.m. - 4:30 p.m. Volunteers age 18 and older are welcome.



of Northeast Iowa
Established in Waterloo/Cedar Falls in 1956

Cedar Valley United Way



The Cedar Valley United Way's mission is "Helping people,

changing lives, making your community investment count." The vision is to "To be a responsive leader in building caring and vital relationships throughout the Cedar Valley. Through being accountable and focused on our relationships, we will produce positive impact

add value to communities throughout the greater Cedar Valley."

Advancing the Common Good

Cedar Valley United Way is working to advance the common good by focusing on education, income and health. These are the building blocks for a good life - a quality education that leads to a stable job, enough income to support a family through retirement,

that leads to a stable job, enough income to support a family through retirement, and good health. Our goal is to create long-lasting changes that prevent problems from happening in the first place.

Volunteers are utilized by the CVUW to provide general clerical duties Monday through Friday, 8 a.m. - 4:30 p.m. for a one hour minimum.



United We Serve
SERVE.GOV

Supportive Agencies and Organizations

Join the VCCV as a Business Partner

At the Volunteer Center of Cedar Valley, we believe corporate initiatives that give back to the communities in which they operate and where their employees work and live, are reinforced by their alignment with an excellent volunteer and philanthropy program. The Volunteer Center of Cedar Valley is the primary resource for workplace-based volunteering and for engaging more companies and employees effectively in volunteer service. We help businesses develop and manage effective employee volunteer programs that meet

company priorities, address employee interests and meet real community needs. Throughout the Cedar Valley, we are working with our corporate partners to improve lives and create positive change in local communities.



Agency Renewal Reminder

Please note that member agency annual renewal notices have been sent. Please keep your membership current so that we can keep your 1-800 postings active and promote your agencies through the Courier, E-News, Facebook, Twitter and our publications in addition to the University of Northern Iowa.

Welcome MidWestOne Bank!

The Volunteer Center welcomes MidWestOne Bank as our sixth Business Partner this year! MidWestOne Bank is an energetic benefactor. The Volunteer Center of Cedar Valley welcomes them as our most recent Business Partner!



Nominate A Young Hero Today

Do you know a child who has done something to make his or her neighborhood or community a better place? Have they helped a friend or classmate who is less fortunate? Have they shown bravery in a tough situation? Pass this opportunity along to organizations so they can nominate these outstanding kids as part of the Nestlé® Drumstick® Brand Heroes Contest. Fifty winning kids will be awarded the ultimate summer celebration, complete with enough Nestlé Drumstick sundae cones and a fun-filled party package to host an unforgettable event for up to 50 family and friends.

"This is the second year that the Nestlé Drumstick brand team is recognizing and rewarding young people who are making a positive difference in their communities," said John Harrison, Official Ice Cream Taster for the Nestlé Drumstick brand. "Entries will be judged on the child or teenager's accomplishments, as well as the originality and creativity used to achieve their goals."

You can Submit their story (150 to 500 words), describing why the child deserves to be a Drumstick Hero at www.drumstick.com/promotions/heroes.aspx. Adults over

the age of 18 may nominate children between 6 and 17 years of age who are residents of the United States. Official contest rules are available online. All entries must be received by September 15, 2010 to be considered. Winning children will be notified by phone and/or mail throughout the length of the promotion, between the dates of June 15, 2010 and September 16, 2010.

Tenaya Wickstrand requests, "Please feel free to contact me any time with any questions. I'm happy to help guide people through the nomination and submission process. This is such a positive and wonderful campaign for kids, and really helps them to be proud of their accomplishments. I have also attached a flyer (See PDF) you can post on your website and/or send to program directors and affiliated organizations. I hope you'll be a part of this wonderful contest!"

Tenaya can be reached at:
Office 858.523.9020
Fax 858.523.9670

Waterloo Neighborhood's National Night Itinerary 2010

It's America's *Night Out Against Crime!*

The "27th Annual National Night Out" (NNO), a unique crime/drug prevention event sponsored by the [National Association of Town Watch](#) (NATW), has been scheduled for **Tuesday, August 3, 2010.**

Last year's National Night Out campaign involved citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations and local officials from over 15,000 communities from all 50 states, U.S. territories, Canadian cities and military bases worldwide. In all, over **36 million** people participated in National Night Out 2009.

NATIONAL NIGHT OUT is

designed to:

- Heighten crime and drug prevention awareness;
- Generate support for, and participation in, local anticrime programs;
- Strengthen neighborhood spirit and police-community partnerships; and
- Send a message to criminals letting them know that neighborhoods are organized and fighting back.

Along with the traditional display of outdoor lights and front porch vigils, cities, towns and neighborhoods 'celebrate' NNO with a variety of events and activities such as:

- block parties, cookouts,
- visits from local police and sheriff departments
- parades, exhibits,
- flashlight walks,
- contests, and
- youth programs.

NNO has proven to be an effective, inexpensive and enjoyable program to promote neighborhood spirit and police-community partnerships in our fight for a safer nation. The benefits for your community will most certainly extend well beyond the one night.

See the NNO Events PDF Attachment

UNI Volunteer Fair



Preparations are underway for the 2010 UNI Volunteer Fair! The VCCV would be delighted to have your agency join us for this collaborative effort between the Volunteer Center of Cedar Valley and the UNI American Humanics Student Association. Last year's event attracted more than 40 non-profit agencies from the Cedar Valley area and over 300 students. This year's Volunteer Fair will be held on Thursday, September 2 from 10:30 a.m. to 1:00 p.m. in the Maucker Union Old Central Ballroom.

The Volunteer Fair is a wonderful opportunity for your organization to connect with students, matching your specific volunteer needs to students' skills and personal interests. Agencies may recruit students for one-time or semester-long volunteer opportunities, internships or employment. This is a great chance for you to take advantage of valuable

one-on-one contact with UNI students, faculty and staff.

As a member agency your participation in the Volunteer Fair is completely **free** and you are given priority registration! Space is limited and we process registrations on a first come, first served basis. To take advantage of the "early bird registration," please register by August 5. Registrations will not be accepted after August 19.



For more information contact Lauren Pellemounter at 272-2087 or Lauren_Pellemounter@vccv.org.

Do Something Clubs Need Activities

The 'Do Something Club' (grades 6-8) is dedicated to giving youth the tools and support to bring their unique vision to life. "Do Something" works with young people to shape beliefs and behaviors about participation before negative attitudes and cynicism develop.

The "Do Something Club" will be starting in September and is in need of hands on activities.

'Do Something Club' is looking for projects. Each participating agency needs to provide the supplies for the projects that students will work on. Materials can be picked up and taken to the schools. DSC can sort, package, create, stamp, group, and organize. With each project students are educated about the agency and its purpose in the community. Agency fliers for students are encouraged so they can share their work with teachers and parents.

Questions may be directed to Lauren Pellemounter, Executive Director at 272-2087 or Lauren_Pellemounter@vccv.org.

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**Mobilizing people and
resources to solve
community problems.**

**Volunteer Center of Cedar
Valley Staff**

Lauren Pellemounter
Executive Director

Anne Nass
Communications Coordinator

Our Mission

The mission of the VCCV is to promote and support effective volunteerism; to serve as the resource and coordination center for volunteers and a catalyst in building coalitions and community partnerships.

Follow us on Twitter at
[VCCV1Volunteer](#) or on
Facebook group
Volunteer Center of
Cedar Valley!

Noteworthy News -

Iowa's college volunteer rate has shot up from 32nd in 2006 to the 2nd highest college volunteer rate in the nation in 2009!

Volunteer Opportunities

One Time Events

**Story Time at the Arboretum
August 1- 25 (Wednesdays)**
Cedar Valley Arboretum & Botanic Gardens

**Camp Hope Volunteer
August 2- 6**
Aspire TRP

**Camp Hope Assistant for
Country View
August 2- 6**
Country View

**Temporary Clerical Help
August 2-10**
Hawkeye Valley Area Agency on Aging

**Irish Fest Volunteers
August 6- 8**
Iowa Irish Fest

**Watermelon Days
August 7**
Cedar Valley Volunteer
Emergency Club

**Ground Breaking Ceremony
August 8**
Cedar Falls Lutheran Home

Long Term

Healthy Babies Mentor
Family and Children's Council

Country Registrar
Girl Scouts of Eastern Iowa &
Western Illinois

**Rensselaer Russell House
Museum Cleaner**
Grout Museum District

Program Leader
Hartman Reserve Nature Center

Meal Delivery Driver
Hawkeye Valley Area Agency on Aging

**Cedar Valley Committee
Member**
Make-A-Wish Foundation of Iowa

Member Agencies

Allen Hospital
Alternatives Pregnancy Center
American Red Cross — Hawkeye Chapter
Aspire Therapeutic Riding Program
Big Brothers Big Sisters
Birthright
Boys and Girls Club
Boy Scouts of America
Care Initiatives Hospice
Catholic Worker House
Cedar Bend Humane Society
Cedar Falls Historical Society
Cedar Falls Lutheran Home
Cedar Falls Public Library
Cedar Falls Senior Center
Cedar Falls Tourism and Visitors Bureau
Cedar Valley Arboretum & Botanic Gardens
Cedar Valley Volunteer Emergency Club
Cedar Valley Hospice
Cedar Valley United Way
Community United Child Care Centers
Country View
Department of Human Services
Exceptional Persons, Inc.
Family & Children's Council
Friends of Heal the Family
Friends of the Waterloo Public Library
Gallagher Bluedorn Performing Arts Center
Girl Scouts of Eastern Iowa and Western Illinois
Grout Museum District
Hartman Reserve Nature Center
Hawkeye Adult Literacy Program
Hawkeye Valley Area Agency on Aging
Jesse Cosby Neighborhood Center
Irish Fest
Make-A-Wish Foundation of Iowa
Northeast Iowa Food Bank
North Star Community Services
Operation Threshold
Our Shepherd's Closet
Parkview Nursing & Rehabilitation Center
Pathways Behavioral Services
People's Community Health Clinic
Pet Pals
Positive Steps of Northeast Iowa
RSVP
Salvation Army
Silos & Smokestacks
Together for Youth
Waterloo Community Schools
Waterloo Convention & Visitors Bureau
Waterloo Jaycees
Waterloo Leisure Services
Waterloo Senior Center
Waverly Senior Center
Western Home Communities
Wheaton Franciscan Healthcare
YMCA
YWCA